



# INTERNATIONAL RESEARCH JOURNAL OF COMMERCE, ARTS AND SCIENCE

*An Internationally Indexed Peer Reviewed & Refereed Journal*

Impact Factor\* : 2.9301

Ref: CASIRJ/2016/A106201

DOI : [HTTPS://DOI.ORG/10.32804/CASIRJ](https://doi.org/10.32804/CASIRJ)

ISSN 2319 – 9202 (O)

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**AN INVESTIGATION ON THE EFFECT OF SELECTED YOGIC ASANA ON STRESS LEVEL AND  
ATTENTION LEVEL AMONG MIDDLE ORDER INTER COLLEGIATE LEVEL BATSMAN IN  
CRICKET**

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 7 , Issue – 2 Feb , 2016



Editor in Chief





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