INTERNATIONAL RESEARCH JOURNAL OF COMMERCE, ARTS AND SCIENCE

An Internationally Indexed Peer Reviewed & Refereed Journal

UGC ID - 44854

Impact Factor* : 5.3632

Ref:CASIRJ/2018/A1018060

DOI : HTTPS://DOI.ORG/10.32804/CASIRJ

ISSN 2319 – 9202 (O)

THIS CERTIFIES THAT

BINITHA G.J

HAS/HAVE WRITTEN AN ARTICLE / RESEARCH PAPER ON

IMPACT OF PLYOMETRIC AND STRENGTH TRAINING ON SPECIFIC PHYSICAL PARAMETER SPEED IN COLLEGE BASKETBALL PLAYERS

APPROVED BY THE REVIEW COMMITTEE, AND IS THEREFORE PUBLISHED IN

Vol – 9 , Issue – 12 Dec , 2018

Editor in Chief