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Role of Learning in Transfer of Training.

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ABSTRACT: The purpose of this study was to investigate the role of learning in transfer of training. In this topic we discuss that learning and transfer of training is just like two faces of a coin which cannot be separated, Because without learning a student/player unable to learn any skills of a particular game or event and when he learns skills of a game then he apply particular skills in his/her game i.e. transfer of training. Because transfer of training means things learns in one situation and applied in another situations by using their own personal skills of a particular game for the attainment of good result.

Keywords: Investigate, learning, skills, event, situation, attainment.

I. INTRODUCTION

Learning in physical education means a change in the player's method of practicing, participating and performing a motor skill in sports situations. Learning can be defined as a change, a modification, or an adjustment in the behavior of an individual as a result of learning new responses in the form of knowledge, skills and experience. These changes are relatively permanent in nature. Learning is an important field of study in psychology.

Learning is a lifelong process which starts with birth and ends with death. All animals struggle to survive by making adjustment in the environment but human child requires much more than merely biological adjustment.

Learning in case of human beings, is a matter of progressive change in behavior. It results of a felt need from within the organism, unless there is a strong urge in the body to adopt a particular response and to modify its pattern.

On the other hand the concept of transfer of training is not a new one in the field of education. All learning involves transfer, for it always takes within the context of some previous learning. In the learning of a simple skill, what is learned at one stage facilitates progress at the next stage.

"Things learn in one situation and applied in another situation by using their own personal skill is known as transfer of training".

Training means the carry-over of learning from one situation to another. It is the help that learning of one skill gives in the learning of another skill.

"The use of the results of previous learning in a situation that differs in some way from that in which the original learning took place is called transfer of learning or training".

ii. ANALYZE MOTIVES OR NEEDS

Learning and transfer of training plays an important role to improve the performance of a sports man.

Learning is the conversion of theoretical knowledge into practical whereas, transfer of training is the conversion of learning into effective learning for the attainment of motive.

Learning and transfer of training helps in:

1. Helps of improve performance.
2. **Self confident:** A player becomes confident in his/her performance because a player learns everything while training and skillful in his/her game.
3. **Tactful:** When a player learns skills he becomes master in his game.
4. **Prevention from common sports injuries:** It helps in the prevention from common sports injuries because in learning and transfer of training a player become proficient and effective in skills.

III. OBJECTIVES OF RESEARCH

The main objective of "Role of Learning in Transfer of Training" is the attainment of good result because in Learning and Training a player learns skills under the guidance and supervision of skilled coach which infests the techniques in the players which the players applied/adopt during the games and brings success and satisfaction for himself and for the team also. It builds the moral of the players/team and he becomes well- versed in that skill or game.

IV. HYPOTHESIS

It is assumed that a player who have learned to play the hand ball can also play the basket ball efficiently because the skill which he learned in the hand ball can be applied in basket ball also.

V. PURPOSE OF RESEARCH/ STUDY

The purpose of the research is to learn new ways and techniques by which we can increase the performance of the player in a stipulated time.

VI. DISCUSSION

Acting all the aspects of "Role of Learning in Transfer of Training" it is concluded that the performance can be raise through effective and skillful transfer of training and learning under proper guidance and supervision.

VII. CONCLUSION

In the end we can conclude that learning and transfer of training plays a vital role to increase the performance of player in the field of physical education and games. It acts as pivot in bringing about skilled.

VIII. REFERENCE

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